



# Recommended Preoperative Decolonization Protocol

## PATIENT INSTRUCTIONS

### ANTISEPTIC BODY WASHES

For each of the 3 days before surgery and the morning of surgery please conduct a twice-daily BELOW THE NECK shower using Chlorhexidine solution, for a total of 6 showers.

Please conduct a full body wash, concentrating on groin, underarms, and depths of your belly button. DO NOT use Chlorhexidine within the vagina or above the neck. You may otherwise apply usual shampoo for your hair and cleanser for your face.

Then rinse thoroughly with shower water and dry body with clean towel.

### FACE AND NECK WASHES

For each of the 3 days before surgery and the morning of surgery please conduct a twice-daily FACE AND NECK shower using Baby Phisoderm for a total of 6 showers.

Then rinse thoroughly with shower water and dry face and neck with clean towel.

### ANTIBIOTIC OINTMENT APPLICATIONS

After each of the above described showers, please apply a pea-sized dollop of the 2% mupirocin (Bactroban) antibiotic ointment using a Q-tip to just inside the opening of your nose, ear canals, umbilicus (belly button), and nipples. We recommend using a large band aid over the umbilicus and nipples to avoid staining your clothing.

EXCEPT for the morning of surgery, you may then apply makeup, moisturizers, and lotions after each shower.