

**Advanced Techniques in Facial Rejuvenation:
Mastery of the Sub SMAS and Deep Neck Lift**
A Hands-On Cadaver Workshop
Part 1: October 7-8, 2023
Part 2: October 9, 2023 Optional Surgery Observership

Auditorium	2nd Floor Dining/Exhibit Hall	Zeiss Learning Center (ZLC)	Nayak Plastic Surgery (MONDAY ONLY)
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Saturday, October 7, 2023 – Part I		
7:15 am	<i>REGISTRATION AND CONTINENTAL BREAKFAST</i>	
7:40 am	Welcome and Introduction/ ISAPS Presentation	Course Directors
8:00am	Lamellar High SMAS Facelift – Simultaneous Single Flap Lifting of the Midface, Cheek, and Jawline	T. Marten
8:30am	Extended Deep Plane Facelift with Targeted Ligamentous Release	B. Talei
9:00am	Gliding Browlift, Facelift, and Necklift	O. Sozer
9:30 am	Enhancing Facelift Results with Perioral Rejuvenation	B. Talei
10:00 am	<i>BREAK AND EXHIBITS</i>	
10:15am	<u>Prosections/Demonstrations :</u> SMAS Flaps (O’Daniel) Fat Grafting	G. O’Daniel L.M.Nayak/W. Hah
11:15am	<u>Prosections/Demonstrations:</u> Deep Plane Facelift Lip Lift	L. M. Nayak B. Talei
12:30pm	<i>LUNCH (PROVIDED) AND EXHIBITS/ Change Attire to Scrubs</i>	
1:15 pm	<u>Hands-on Cadaver Dissection</u>	L.M.Nayak, W. Hah, G. O’Daniel, D. Bray, S. Cohen, W. Evans, F. Fechner, J. Koehler, O. Sozer, B. Talei
3:15 pm	<i>BREAK AND EXHIBITS</i>	
3:30pm	<u>Hands-on Cadaver Dissection</u>	L.M.Nayak, W. Hah, G. O’Daniel, D. Bray, S. Cohen, W. Evans, F. Fechner, J. Koehler, O. Sozer, B. Talei
5:15 pm	<i>ADJOURN/Shuttle to hotels</i>	

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Sunday, October 8, 2023 – Part I Continued		
7:30 am	<i>SIGN-IN AND CONTINENTAL BREAKFAST</i>	
7:50 am	Announcements	Course Directors
8:00am	Anatomy video presentation Deep Neck Lifting	L. Auersvald -Video
8:45am	Deep Neck (Subplatysmal) Lift Technique -- Keynote Lecture	G. O’Daniel
9:30am	Staying Ahead of Complications in Deep Neck lifts	W. Hah
10:00 am	<i>Break and Exhibits</i>	
10:15 am	Fat Grafting/Regenerative Medicine	S. Cohen
10:45 am	<u>Prosections/Demonstrations:</u> Deep Central Neck Lift	G. O’Daniel L.M. Nayak
12:30 pm	<i>LUNCH/ AND EXHIBITS</i>	
1:00 pm	<u>Hands-on Cadaver Lab</u>	L.M.Nayak, W. Hah, G. O’Daniel, D. Bray, S. Cohen, W. Evans, F. Fechner, J. Koehler, O. Sozer, B. Talei
3:15 pm	<i>BREAK AND EXHIBITS</i>	
3:30pm	<u>Prosections/Demonstration:</u> Non-Endoscopic Brow	L. M. Nayak
4:00pm	<u>Hands-on Cadaver Lab</u>	L.M.Nayak, W. Hah, G. O’Daniel, D. Bray, S. Cohen, W. Evans, F. Fechner, J. Koehler, O. Sozer, B. Talei
5:00 pm	<i>Evaluations and ADJOURN/ Shuttles to Hotel</i>	

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Monday, October 9, 2023 – Part II: Live Surgery Observership	
6:30am	Shuttles Depart from Hotels for Nayak Plastic Surgery
7:15 am	Arrival at: Nayak Plastic Surgery 607 S. Lindbergh Blvd. St. Louis, MO. 63131 Continental Breakfast provided
7:45 am	Patient Marking- Live close-up
8:00 am- 2:00pm	<u>Live surgery:</u> Observation via close-up HDTV – with live Q and A <i>Surgical Procedures may include the following: browlift, deep plane extended facelift, and deep necklift</i>
11:00am	<i>LUNCH Available</i>
2:00 pm	<i>Evaluations/ Shuttle to Airport provided at 2pm</i> <i>Ubers readily available if you choose to leave later.</i> <i>Surgery may take until 4pm</i>

Course Directors:

L. Mike Nayak, MD
Nayak Plastic Surgery
St. Louis, MO

Wilbur Hah, MD
Beauty MDs, LLC
Orange, TX

T. Gerald O'Daniel, MD, FACS
Associate Clinical Professor
Plastic & Reconstructive Surgery
University of Louisville School of Medicine
Louisville, KY

Invited Faculty:

Dominic Bray, FRCS (ORL-HNS)
Facial Plastic and Aesthetic Surgeon
London, UK

Steve Cohen, MD
Faces Plus Plastic Surgery
Clinical Professor, Department of Plastic Surgery
University of California San Diego
San Diego, CA

T. William Evans, DDS, MD, FACS
Associate Professor
Ohio State University
University of Michigan
Facial Aesthetic Surgery, LLC
Columbus, OH

Frank P. Fechner, MD
Fechner Facial Plastic Surgery
Worcester, MA

James Koehler, MD
Eastern Shore Cosmetic Surgery
Thomas Hospital
Fairhope, AL

Timothy Marten, MD, FACS
Marten Clinic of Plastic Surgery
San Francisco, CA

Sadri Ozan Sozer, MD
President, El Paso Cosmetic Surgery
Associate Professor, Department of Surgery
Paul Foster School of Medicine El Paso
El Paso, TX

Ben Talei, MD
Beverly Hills Center for Plastic and Laser Surgery
Beverly Hills, CA

Video Faculty:

Luiz A. Auersvald, MD
Full Member - Brazilian Society of Plastic
Surgery
Co-founder and Director - Full Face and Neck
Surgical Anatomy, Brazil
Auersvald Plastic Surgery
Curitiba, Brazil



OCTOBER 7-9, 2023

ST. LOUIS, MISSOURI USA

Part 1: October 7-8, 2023

Part 2: October 9, 2023

(Optional Surgery Observership)

Advanced Techniques

FACIAL REJUVENATION:

Mastery of the Sub SMAS and Deep Neck Lift

Hands-On Cadaver Workshop

Course Directors:

L. Mike Nayak, MD

Wilbur Hah, MD

T. Gerald O'Daniel, MD, FACS



An offering through:
Practical Anatomy & Surgical Education,
Department of Surgery
Saint Louis University School of Medicine

slu.edu/medicine/pase

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*Nayak Plastic Surgery
St. Louis, MO*

Wilbur Hah, MD

*Beauty MDs, LLC
Orange, TX*

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Faculty subject to change, for updates,
please go to slu.edu/medicine/pase



Course Description:

This three-day CME workshop designed for the intermediate and advanced facial cosmetic surgeon. The initial two days of the workshop will provide in-depth review of procedures through anatomical lectures, patient evaluation discussions, and hands-on cadaver surgical technique demonstrations. Day three is an optional live surgery observation.

Saturday, October 7, 2023

7:15 AM - 5:15 PM

- Welcome and Introduction/ISAPS Presentation
- Lamellar High SMAS Facelift – Simultaneous Single Flap Lifting of the Midface, Cheek, and Jawline
- Extended Deep Plane Facelift with Targeted Ligamentous Release
- Gliding Browlift, Facelift and Necklift
- Enhancing Facelift Results with Perioral Rejuvenation
- Prosections/Demonstrations:
SMAS Flaps
Fat Grafting
- Prosections/Demonstrations:
Deep Plane Facelift
Lip Lift
- **Hands-on Cadaver Dissection**

Sunday, October 8, 2023

7:30 AM - 5:00 PM

- Anatomy video presentation Deep Neck Lifting
- Deep Neck (Subplatysmal) Lift Technique - Keynote Lecture
- Staying Ahead of Complications in Deep Neck lifts
- Fat Grafting/Regenerative Medicine
- Prosections/Demonstrations:
Deep Central Neck Lift
- **Hands-on Cadaver Lab**
- Prosections/Demonstration:
Non-Endoscopic Brow
- **Hands-on Cadaver Lab**
- Evaluations

Sunday, October 9, 2023

7:15 AM - 2:00 PM

(Optional Surgery Observership)

- In Person:
Patient Marking- Live close-up
- Live surgery:
Observation via close-up HDTV – with live Q and A

Registration / Tuition Fees

Course registration is limited to plastic surgeons, facial plastic surgeons, dermatologists, or oculoplastic surgeons.

Physician:

Parts I & II.....\$3,195

Part I Only\$2,695

Resident/Fellow:

Parts I & II.....\$2,195

Part I Only\$1,695

If cancellation received prior to September 9, 2023, you will receive a 90% refund of your registration fee. Please note that it will take 5-10 business days for the refund to post back to your account.

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

This workshop will be held at the PASE Learning Center located in Young Hall, 3839 Lindell Boulevard, Saint Louis, MO 63108

Educational Objectives

- Identify and critically analyze the typical and atypical changes associated with facial aging
- Discuss and evaluate the aesthetic and functional anatomy of the head and neck, and the interplay between the two – ie, how to maximize aesthetic results whilst preserving vital structures
- Develop the manual skills required by practice on actual cadaver specimens so as to understand the “feel” of the multiple and varied tissue planes that exist in the human face and neck
- Perform basic and advanced facelifting techniques on specimens, for the management of the aging lower face
- Review and perform techniques to restore facial balance autologous fat transfer
- Discuss and perform surgical procedures for treatment of the aging neck

Continuing Education



Accreditation

Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.



REGISTRATION:
For Further Course Details and Registration, Scan the Flowcode or go to slu.edu/medicine/pase