

ISAPS BODY MASTERS:

ANATOMY, STRATEGY AND SURGICAL MASTERY IN BODY CONTOURING

JULY 3–5, 2026 - BARCELONA, SPAIN

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Friday, July 3rd, 2026	
7:30 am	Check-in
8:00 am	Cadaver Dissection Session 1 Moderators in Conference Centre: Dr. Kai-Uwe Schlaudraff & Dr. Damiano Tambasco Moderators in Cadaver Lab: Dr. Ahmad Saad 8:00 Prime Graft - Dr. Mario Mendanha 8:30 UGraft - Dr. Maurício Viaro 9:00 RAFT - Dr. Stefan Danilla 9:30 Lateral Tuck - Dr. Jamil Hayek
10:00 am	<i>Coffee Break</i>
10:30 am	Cadaver Dissection Session 2 Moderators in Conference Centre: Dr. Kai-Uwe Schlaudraff & Dr. Damiano Tambasco Moderators in Cadaver Lab: Dr. Ahmad Saad 10:30 Reverse Abdominoplasty - Dr. Babis Rammos 11:00 Biceps/Pectoral Implants - Dr. Jesús Benito-Ruiz 11:30 Calf Implants - Dr. Jesús Benito-Ruiz 12:00 BBL - Dr. Pat Pazmino
12:30 pm	<i>Lunch Break</i>
1:30 pm	Cadaver Dissection Session 3 Moderators in Conference Centre: Dr. Kai-Uwe Schlaudraff & Dr. Damiano Tambasco Moderators in Cadaver Lab: Dr. Ahmad Saad 1:30 Buttock Implant - Dr. Alexander Aslani 2:00 Rib Remodelling - Dr. Alfredo Hoyos Ariza 2:30 Buttock Lift - Dr. Babis Rammos 3:00 Lipedema - Dr. Joaquín Muñoz & Dr. Ana Torres Maczassek
3:30 pm	<i>Coffee Break</i>
4:00pm	Opening Remarks - Dr. Arturo Ramírez-Montañana
4:10 pm	Basics in Body Contouring Moderators: Dr. André Cervantes & Dr. Arturo Ramírez-Montañana 4:10 Patient Safety in Body Contouring - Current Science & Perspectives - Dr. André Cervantes 4:25 Basics in Liposuction - Dr. Ahmad Saad 4:40 Wound Closure - Dr. Babis Rammos 4:55 Q&A 5:05 Anesthesia & Fluid Management in Body Contouring Surgery - Dr. Carlos Dexeus 5:15 Peri-Operative Nutrition in BC Surgery - Jaclyn Sklaver 5:25 Indications and Benefits of Hyperbaric Oxygen Therapy in BC Surgery - Dr. Nacho Gonzalez 5:35 Post-Operative Lymphatic Drainage After Body Contouring - Neiva Cimini 5:45 LASH: Laser Assisted Scar Healing. Optimizing Surgical Results With Light - Dr. Karen Valenzuela 5:55 Q&A
6:05 pm	Day 1 Program Adjourns

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Saturday, July 4th, 2026	
7:30 am	<i>Check-in</i>
8:00 am	Opening Remarks - Dr. Arturo Ramírez-Montañana and Dr. Ahmad Saad
8:10 am	Advanced Male HD Liposculpture Moderators: Dr. Stefan Danilla & Dr. Alfredo Hoyos Ariza
	8:10 On Stage Patient Marking - Dr. Mario Mendanha
	8:40 Concept of Vitruvian Body Sculpture - Dr. Mario Mendanha
	8:55 UGraft in Male Patients - Dr. Maurício Viaro
	9:10 Advances in Abdominal Skin Tightening: Current Capabilities and Boundaries - Dr. Damiano Tambasco
	9:25 Male HD Liposculpture: Intra-op Techniques & Post-Operative Protocols - Dr. Ahmad Saad
9:40 Q&A	
10:00 am	<i>Coffee Break</i>
10:30 am	Modern Excisional Body Contouring Techniques in Male patients Moderators: Dr. Carlos Roxo and Dr. Babis Rammos
	10:30 Advances in Male Abdominoplasty: The Importance of Scarpa's Fascia Suspension - Dr. André Cervantes
	10:45 Male Chest Lift in Post Massive Weight Loss Patients. A New Classification and Tailored Approach - Dr. Hossam Tahseen
	11:00 Still Unhappy with Your Results of Gynecomastia Surgery? Strategies to Create a Truly Male Torso and Make it Look Natural. - Dr. Kai-Uwe Schlaudraff
	11:15 The Male Breast: Myths, Mechanisms, and Surgical Management - Dr. André Cervantes
	11:30 Q&A
11:40 am	Master Class: Gender-Affirming Body Contouring Moderator: Dr. Jesús Benito-Ruiz
	11:40 Sculpting Identity: Advancements in MTF Body Feminization Surgery Integrating Safety, Aesthetics, and Function - Dr. Alexander Aslani
	12:00 Q&A
12:05 pm	The GLP-1 Effect: Adapting Body Contouring Strategies Moderators: Dr. Wafaa Mradmi and Dr. Mario Mendanha
	12:05 The New Body After GLP-1: Surgical Considerations Following Pharmacologic Weight Loss - Dr. Babis Rammos
	12:15 Glucagon-Like Peptide-1 Receptor Agonists and Body Contouring Surgery: Clinical, Histological, and Perioperative Implications - Dr. Damiano Tambasco
12:30 pm	<i>Lunch Break</i>
1:30 pm	Sculpting the Body: Fat, Implants, Fillers & Beyond Moderators: Dr. André Cervantes and Dr. Kai-Uwe Schlaudraff
	1:30 Intramuscular Fat Grafting: Technical Evolution, Safety Considerations, and Clinical Impact in Gluteal Contouring - Dr. Alfredo Hoyos Ariza
	1:42 The Intramuscular Fat Grafting - PRIME GRAFT - Dr. Mario Mendanha
	1:54 The Wonderful World of Fat - Its Regulations, Functions and Implications for Hormones and Aging - Dr. Kai-Uwe Schlaudraff
	2:06 UGraft Liposuction - 7 Years of Evolution - Dr. Maurício Viaro
	2:18 Q&A
	2:30 How Abdominal Volumization is Changing the Game in Body Contouring Surgery - Dr. Stefan Danilla

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	<p>2:42 Security in Intramuscular Fat Grafting - Dr. Maurício Viaro 2:54 The Use of Fillers for Body Contouring - Dr. Kai-Uwe Schlaudraff 3:06 Chest, Upper Limbs & Calves Enhancement with Implants - Dr. Jesús Benito-Ruiz 3:18 Q&A</p>
3:30 pm	<i>Coffee Break</i>
4:00 pm	<p>Complications in Modern Body Contouring: How to Prevent and Manage Them Moderators: Dr. Pat Pazmino and Dr. Ahmad Saad</p> <p>4:00 The Surgical Rhythm Code: Optimizing Speed, Safety, and Profit Without Compromise - Dr. Alexander Aslani 4:12 Safety in Combining Multiple Procedures in One Surgery - Dr. Jamil Hayek 4:24 Patient Safety 2.0 - Dr. Alfredo Hoyos Ariza 4:36 Liposuction Safety Pentagon - Dr. Jordi Mir 4:48 Q&A 5:00 Complications in Massive Weight Loss Patient How to Avoid and How to Deal with - Dr. Carlos Roxo 5:12 Managing Post-Liposuction Hyperpigmentation: Strategies for Effective and Timely Treatment - Dr. Damiano Tambasco 5:24 UGraft, Not Without Complications - Dr. Joseph Khoury 5:34 Post-Liposuction Irregularities: Causes, Prevention, & Treatment Protocols - Dr. Ahmad Saad 5:44 Q&A</p>
6:05 pm	<i>Day 2 Program Adjourns</i>

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Sunday, July 5th, 2026	
7:30 am	<i>Check-in</i>
8:00 am	Opening Remarks - Dr. Arturo Ramírez-Montañana and Dr. Ahmad Saad
8:10 am	Advanced Female HD Liposculpture Moderators: Dr. Babis Rammos & Dr. Alexander Aslani
	8:10 On Stage Patient Marking - Dr. Stefan Danilla
	8:30 The Architecture of the Human Body: High-Def Lipo and the New Surgical Era - Dr. Alfredo Hoyos Ariza
	8:40 Mastering Waistline Liposculpture: How to Achieve the Best Results Without Cracking the Ribs - Dr. Stefan Danilla
	8:50 Scarless Rib Modeling, a Powerful Tool in Body Contouring Surgery - Dr. Wafaa Mradmi
	9:00 Mastering HD Liposuction - Achieving Consistent Results While Avoiding Complications - Lessons Learnt in 20 Years - Dr. Kai-Uwe Schlaudraff
	9:10 Q&A
	9:15 Rib Remodeling Surgery and Its Complications: Circus or Science? - Dr. Alfredo Hoyos Ariza
	9:25 MILA HD Technique: Integrating Endoscopic Rectus Diastasis Repair with High-Definition Liposuction - Dr. Damiano Tambasco
	9:35 From Liposculpture to Miosculpture Through UGraft Technique - Dr. Maurício Viaro
	9:45 The Elegance and Details of Female Arms and Back Liposculpture - Dr. Stefan Danilla
	9:55 10 Tips for a Perfect Lipo - Dr. Jordi Mir
10:00 Q&A	
10:10 am	<i>Coffee Break</i>
10:30 am	Modern Excisional Body Contouring Techniques in Female Patients Moderators: Dr. Arturo Ramírez-Montañana and Dr. Carlos Roxo
	10:30 Massive Weight Loss Pre-Op Markings - How I Do It - Dr. Carlos Roxo
	10:40 Anatomy Guided Thigh Lift: Balancing Form, Tension, and Scar Placement - Dr. Babis Rammos
	10:50 Comprehensive Body Lift: Surgical Strategies After Massive Weight Loss - Dr. André Cervantes
	11:00 Deep Plane Bilateral Tuck - Dr. Jamil Hayek
	11:10 High Definition Body Lift - Dr. Jordi Mir
	11:20 Q&A
	11:30 Elevating Body Contouring Through Advanced Subfascial Techniques - Dr. Pat Pazmino
	11:40 Tips & Tricks for Post Bariatric Surgeries: Lessons Learned - Dr. Cetin Duygu
	11:50 Brachioplasty: A Simple Approach - Dr. Carlos Roxo
	12:00 Female Abdominal Contouring in High BMI and Post-Massive Weight Loss Patients - Dr. Hossam Tahseen
	12:10 Modern Lower Body Lift: Evolving Techniques for Optimal Contour and Safety - Dr. Babis Rammos
12:20 Q&A	
12:30 pm	<i>Lunch Break</i>
1:30 pm	The Art & Science of Buttock Augmentation and Contouring Moderators: Dr. Arturo Ramírez-Montañana and Dr. Maurício Viaro

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	<p>1:30 The Gluteal Implant Paradox: What 2,000 Cases Teach You That the Literature Never Could - Dr. Alexander Aslani</p> <p>1:42 30 Years of the BBL: History, Technical Advances, and the Future of Gluteal Contouring - Dr. Pat Pazmino</p> <p>1:54 Buttocks and Hip Augmentation - Dr. Jesús Benito-Ruiz</p> <p>2:06 Q&A</p> <p>2:24 How to Achieve a Satisfying Outcome in Difficult BBL - Dr. Wafaa Mradmi</p> <p>2:36 Buttocks Sulpting: My Approach - Dr. Ahmad Saad</p> <p>2:48 The Future of Gluteal Contouring is Here - Dr. Pat Pazmino</p> <p>3:00 The Second Surgeon Challenge: Redo BBLs and the Battle for Control - Dr. Alexander Aslani</p> <p>3:12 Q&A</p>
3:30 pm	<i>Coffee Break</i>
4:00 pm	<p>Lipedema: The New Kid on the Block—What You Need to Know Moderators: Dr. Joaquím Muñoz and Dr. Ana Torres Maczassek</p> <p>4:00 Lipedema Patient: Pre-Operative Marking and Optimization of Surgery - Dr. Joaquím Muñoz</p> <p>4:10 Safety in Lipedema Surgery: Preventing and Managing Complications - Dr. Ana Torres Maczassek</p> <p>4:20 Lipedema Uncovered: Advances in Diagnosis and Surgical Management - Dr. Ana Torres Maczassek</p> <p>4:30 Refining Lipedema Surgery in Early and Intermediate Stages - Dr. Joaquím Muñoz</p> <p>4:40 The Art of Arm Contouring in Lipedema Surgery - Dr. Ana Torres Maczassek</p> <p>4:50 Q&A</p>
5:00 pm	<p>The Next Frontier in Body Contouring Moderators: Dr. Mario Mendanha and Dr. Damiano Tambasco</p> <p>5:00 VR & XR in Surgical Education: Advanced Immersive Training Tools Redefining Skill Acquisition and Anatomy Visualization - Dr. Alfredo Hoyos Ariza</p> <p>5:12 What's Next? New Technologies Set to Disrupt Plastic Surgery - Dr. Alfredo Hoyos Ariza</p> <p>5:24 Regenerative Intelligence in Body Contouring: From Fat Grafting to Cellular Optimization - Dr. Alfredo Hoyos Ariza</p> <p>5:36 Integrating Artificial Intelligence with Intraoperative Subcutaneous Imaging - Dr. Pat Pazmino</p> <p>5:48 Q&A</p>
6:00 pm	<i>Day 3 Program Adjourns</i>