

# ISAPS BODY MASTERS:

ANATOMY, STRATEGY AND SURGICAL MASTERY IN BODY CONTOURING

JULY 3-5, 2026 - BARCELONA, SPAIN

[WWW.ISAPS.ORG/BODYMASTERS](http://WWW.ISAPS.ORG/BODYMASTERS)

Friday, July 3rd, 2026	
7:30 am	<i>Check-in</i>
8:00 am	<b>Cadaver Dissection Session 1</b> <b>Moderators in Conference Centre:</b> Dr. Kai-Uwe Schlaudraff & Dr. Damiano Tambasco <b>Moderators in Cadaver Lab:</b> Dr. Ahmad Saad  8:00 <b>Prime Graft</b> - Dr. Mario Mendanha 8:30 <b>UGRAFT</b> - Dr. Maurício Viaro 9:00 <b>RAFT</b> - Dr. Stefan Danilla 9:30 <b>Lateral Tuck</b> - Dr. Jamil Hayek
10:00 am	<i>Coffee Break</i>
10:30 am	<b>Cadaver Dissection Session 2</b> <b>Moderators in Conference Centre:</b> Dr. Kai-Uwe Schlaudraff & Dr. Damiano Tambasco <b>Moderators in Cadaver Lab:</b> Dr. Ahmad Saad  10:30 <b>Reverse Abdominoplasty</b> - Dr. Babis Rammos 11:00 <b>Biceps/Pectoral Implants</b> - Dr. Jesús Benito-Ruiz 11:30 <b>Calf Implants</b> - Dr. Jesús Benito-Ruiz 12:00 <b>BBL</b> - Dr. Pat Pazmino
12:30 pm	<i>Lunch Break</i>
1:30 pm	<b>Cadaver Dissection Session 3</b> <b>Moderators in Conference Centre:</b> Dr. Kai-Uwe Schlaudraff & Dr. Damiano Tambasco <b>Moderators in Cadaver Lab:</b> Dr. Ahmad Saad  1:30 <b>Buttock Implant</b> - Dr. Alexander Aslani 2:00 <b>Rib Remodelling</b> - Dr. Alfredo Hoyos Ariza 2:30 <b>Buttock Lift</b> - Dr. Babis Rammos 3:00 <b>Lipedema</b> - Dr. Joaquín Muñoz & Dr. Ana Torres Maczassek
3:30 pm	<i>Coffee Break</i>
4:00pm	<b>Opening Remarks</b> - Dr. Arturo Ramírez-Montañana
4:10 pm	<b>Basics in Body Contouring</b> <b>Moderators:</b> Dr. André Cervantes & Dr. Arturo Ramírez-Montañana  4:10 <b>Patient Safety in Body Contouring - Current Science &amp; Perspectives</b> - Dr. André Cervantes 4:25 <b>Basics in Liposuction</b> - Dr. Ahmad Saad 4:40 <b>Wound Closure</b> - Dr. Babis Rammos 4:55 <b>Q&amp;A</b> 5:05 <b>Anesthesia &amp; Fluid Management in Body Contouring Surgery</b> - Dr. Carlos Dexeus 5:15 <b>Peri-Operative Nutrition in BC Surgery</b> - Dr. Jaclyn Sklaver 5:25 <b>Indications and Benefits of Hyperbaric Oxygen Therapy in BC Surgery</b> - Dr. Nacho Gonzalez 5:35 <b>Post-Operative Lymphatic Drainage After Body Contouring</b> - TBC 5:45 <b>LASH: Laser Assisted Scar Healing. Optimizing Surgical Results With Light</b> - Dr. Karen Valenzuela 5:55 <b>Q&amp;A</b>
6:05 pm	<i>Program Adjourns</i>

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Saturday, July 4th, 2026	
7:30 am	<i>Check-in</i>
8:00 am	<b>Opening Remarks</b> - Dr. Arturo Ramírez-Montañana and Dr. Ahmad Saad
8:10 am	<b>Advanced Male HD Liposculpture</b> <b>Moderators:</b> Dr. Stefan Danilla & Dr. Alfredo Hoyos Ariza
	8:10 <b>On Stage Patient Marking</b> - Dr. Mario Mendanha
	8:40 <b>Concept of Vitruvian Body Sculpture</b> - Dr. Mario Mendanha
	8:55 <b>UGraft in Male Patients</b> - Dr. Maurício Viano
	9:10 <b>Advances in Abdominal Skin Tightening: Current Capabilities and Boundaries</b> - Dr. Damiano Tambasco
	9:25 <b>Male HD Liposculpture: Intra-op Techniques &amp; Post-Operative Protocols</b> - Dr. Ahmad Saad
9:40 <b>Q&amp;A</b>	
10:00 am	<i>Coffee Break</i>
10:30 am	<b>Modern Excisional Body Contouring Techniques in Male patients</b> <b>Moderators:</b> Dr. Carlos Roxo and Dr. Babis Rammos
	10:30 <b>Advances in Male Abdominoplasty: The Importance of Scarpa's Fascia Suspension</b> - Dr. André Cervantes
	10:45 <b>Male Chest Lift in Post Massive Weight Loss Patients. A New Classification and Tailored Approach</b> - Dr. Hossam Tahseen
	11:00 <b>Still Unhappy with Your Results of Gynecomastia Surgery? Strategies to Create a Truly Male Torso and Make it Look Natural.</b> - Dr. Kai-Uwe Schlaudraff
	11:15 <b>The Male Breast: Myths, Mechanisms, and Surgical Management</b> - Dr. André Cervantes
	11:30 <b>Q&amp;A</b>
11:40 am	<b>Master Class: Gender-Affirming Body Contouring</b> <b>Moderator:</b> Dr. Jesús Benito-Ruiz
	11:40 <b>Sculpting Identity: Advancements in MTF Body Feminization Surgery Integrating Safety, Aesthetics, and Function</b> - Dr. Alexander Aslani
	12:00 <b>Q&amp;A</b>
12:05 pm	<b>The GLP-1 Effect: Adapting Body Contouring Strategies</b> <b>Moderators:</b> Dr. Wafaa Mradmi and Dr. Mario Mendanha
	12:05 <b>The New Body After GLP-1: Surgical Considerations Following Pharmacologic Weight Loss</b> - Dr. Babis Rammos
	12:15 <b>Glucagon-Like Peptide-1 Receptor Agonists and Body Contouring Surgery: Clinical, Histological, and Perioperative Implications</b> - Dr. Damiano Tambasco
12:30 pm	<i>Lunch Break</i>
1:30 pm	<b>Sculpting the Body: Fat, Implants, Fillers &amp; Beyond</b> <b>Moderators:</b> Dr. André Cervantes and Dr. Kai-Uwe Schlaudraff
	1:30 <b>Chest, Upper Limbs &amp; Calves Enhancement with Implants</b> - Dr. Jesús Benito-Ruiz
	1:42 <b>Intramuscular Fat Grafting: Technical Evolution, Safety Considerations, and Clinical Impact in Gluteal Contouring</b> - Dr. Alfredo Hoyos Ariza
	1:54 <b>The Intramuscular Fat Grafting - PRIME GRAFT</b> - Dr. Mario Mendanha
	2:06 <b>The Wonderful World of Fat - Its Regulations, Functions and Implications for Hormones and Aging</b> - Dr. Kai-Uwe Schlaudraff
	2:18 <b>Q&amp;A</b>
	2:30 <b>How Abdominal Volumization is Changing the Game in Body Contouring Surgery</b> - Dr. Stefan Danilla

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	<p><b>2:42</b> Security in Intramuscular Fat Grafting - Dr. Mauricio Viaro <b>2:54</b> UGraft Liposuction - 7 Years of Evolution - Dr. Mauricio Viaro <b>3:06</b> The Use of Fillers for Body Contouring - Dr. Kai-Uwe Schlaudraff <b>3:18</b> Q&amp;A</p>
<b>3:30 pm</b>	<i>Coffee Break</i>
<b>4:00 pm</b>	<p><b>Complications in Modern Body Contouring: How to Prevent and Manage Them</b> <b>Moderators:</b> Dr. Pat Pazmino and Dr. Ahmad Saad</p> <p><b>4:00</b> The Surgical Rhythm Code: Optimizing Speed, Safety, and Profit Without Compromise - Dr. Alexander Aslani <b>4:12</b> Safety in Combining Multiple Procedures in One Surgery - Dr. Jamil Hayek <b>4:24</b> Patient Safety 2.0 - Dr. Alfredo Hoyos Ariza <b>4:36</b> Liposuction Safety Pentagon - Dr. Jordi Mir <b>4:48</b> Q&amp;A <b>5:00</b> Complications in Massive Weight Loss Patient How to Avoid and How to Deal with - Dr. Carlos Roxo <b>5:12</b> Managing Post-Liposuction Hyperpigmentation: Strategies for Effective and Timely Treatment - Dr. Damiano Tambasco <b>5:24</b> U-Graft, Not Without Complications - Dr. Joseph Khoury <b>5:34</b> Post-Liposuction Irregularities: Causes, Prevention, &amp; Treatment Protocols - Dr. Ahmad Saad <b>5:44</b> Q&amp;A</p>
<b>6:05 pm</b>	<i>Program Adjourns</i>

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Sunday, July 5th, 2026	
7:30 am	<i>Check-in</i>
8:00 am	<b>Opening Remarks</b> - Dr. Arturo Ramírez-Montañana and Dr. Ahmad Saad
8:10 am	<b>Advanced Female HD Liposculpture</b> <b>Moderators:</b> Dr. Babis Rammos & Dr. Alexander Aslani  8:10 <b>On Stage Patient Marking</b> - Dr. Stefan Danilla 8:30 <b>The Architecture of the Human Body: High-Def Lipo and the New Surgical Era</b> - Dr. Alfredo Hoyos Ariza 8:40 <b>Mastering Waistline Liposculpture: How to Achieve the Best Results Without Cracking the Ribs</b> - Dr. Stefan Danilla 8:50 <b>Scarless Rib Modeling, a Powerful Tool in Body Contouring Surgery</b> - Dr. Wafaa Mradmi 9:00 <b>Mastering HD Liposuction - Achieving Consistent Results While Avoiding Complications - Lessons Learnt in 20 Years</b> - Dr. Kai-Uwe Schlaudraff 9:10 <b>Q&amp;A</b> 9:15 <b>Rib Remodeling Surgery and Its Complications: Circus or Science?</b> - Dr. Alfredo Hoyos Ariza 9:25 <b>MILA HD Technique: Integrating Endoscopic Rectus Diastasis Repair with High-Definition Liposuction</b> - Dr. Damiano Tambasco 9:35 <b>From Liposculpture to Miosculpture Through UGraft Technique</b> - Dr. Maurício Viaro 9:45 <b>The Elegance and Details of Female Arms and Back Liposculpture</b> - Dr. Stefan Danilla 9:55 <b>10 Tips for a Perfect Lipo</b> - Dr. Jordi Mir 10:00 <b>Q&amp;A</b>
10:10 am	<i>Coffee Break</i>
10:30 am	<b>Modern Excisional Body Contouring Techniques in Female Patients</b> <b>Moderators:</b> Dr. Arturo Ramírez-Montañana and Dr. Carlos Roxo  10:30 <b>Massive Weight Loss Pre-Op Markings - How I Do It</b> - Dr. Carlos Roxo 10:40 <b>Anatomy Guided Thigh Lift: Balancing Form, Tension, and Scar Placement</b> - Dr. Babis Rammos 10:50 <b>Comprehensive Body Lift: Surgical Strategies After Massive Weight Loss</b> - Dr. André Cervantes 11:00 <b>Deep Plane Bilateral Tuck</b> - Dr. Jamil Hayek 11:10 <b>High Definition Body Lift</b> - Dr. Jordi Mir 11:20 <b>Q&amp;A</b> 11:30 <b>Elevating Body Contouring Through Advanced Subfascial Techniques</b> - Dr. Pat Pazmino 11:40 <b>Tips &amp; Tricks for Post Bariatric Surgeries: Lessons Learned</b> - Dr. Cetin Duygu 11:50 <b>Brachioplasty: A Simple Approach</b> - Dr. Carlos Roxo 12:00 <b>Female Abdominal Contouring in High BMI and Post-Massive Weight Loss Patients</b> - Dr. Hossam Tahseen 12:10 <b>Modern Lower Body Lift: Evolving Techniques for Optimal Contour and Safety</b> - Dr. Babis Rammos 12:20 <b>Q&amp;A</b>
12:30 pm	<i>Lunch Break</i>
1:30 pm	<b>The Art &amp; Science of Buttock Augmentation and Contouring</b> <b>Moderators:</b> Dr. André Cervantes and Dr. Maurício Viaro  1:30 <b>The Gluteal Implant Paradox: What 2,000 Cases Teach You That the Literature Never Could</b> - Dr. Alexander Aslani

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	<p><b>1:42 30 Years of the BBL: History, Technical Advances, and the Future of Gluteal Contouring</b> - Dr. Pat Pazmino</p> <p><b>1:54 Buttocks and Hip Augmentation</b> - Dr. Jesús Benito-Ruiz</p> <p><b>2:06 Circumferential Excisional Body Contouring: Body Lift with Autologous Gluteal Augmentation After Massive Weight Loss</b> - Ozay Ozkaya</p> <p><b>2:18 Q&amp;A</b></p> <p><b>2:30 How to Achieve a Satisfying Outcome in Difficult BBL</b> - Dr. Wafaa Mradmi</p> <p><b>2:42 Buttocks Sculpting: My Approach</b> - Dr. Ahmad Saad</p> <p><b>2:54 The Future of Gluteal Contouring is Here</b> - Dr. Pat Pazmino</p> <p><b>3:06 The Second Surgeon Challenge: Redo BBLs and the Battle for Control</b> - Dr. Alexander Aslani</p> <p><b>3:18 Q&amp;A</b></p>
<b>3:30 pm</b>	<i>Coffee Break</i>
<b>4:00 pm</b>	<p><b>Lipedema: The New Kid on the Block—What You Need to Know</b> <b>Moderators:</b> Dr. Joaquím Muñoz and Dr. Ana Torres Maczassek</p> <p><b>4:00 Lipedema Patient: Pre-Operative Marking and Optimization of Surgery</b> - Dr. Joaquím Muñoz</p> <p><b>4:10 Safety in Lipedema Surgery: Preventing and Managing Complications</b> - Dr. Ana Torres Maczassek</p> <p><b>4:20 Lipedema Uncovered: Advances in Diagnosis and Surgical Management</b> - Dr. Ana Torres Maczassek</p> <p><b>4:30 Refining Lipedema Surgery in Early and Intermediate Stages</b> - Dr. Joaquím Muñoz</p> <p><b>4:40 The Art of Arm Contouring in Lipedema Surgery</b> - Dr. Ana Torres Maczassek</p> <p><b>4:50 Q&amp;A</b></p>
<b>5:00 pm</b>	<p><b>The Next Frontier in Body Contouring</b> <b>Moderators:</b> Dr. Mario Mendanha and Dr. Damiano Tambasco</p> <p><b>5:00 VR &amp; XR in Surgical Education: Advanced Immersive Training Tools Redefining Skill Acquisition and Anatomy Visualization</b> - Dr. Alfredo Hoyos Ariza</p> <p><b>5:12 What's Next? New Technologies Set to Disrupt Plastic Surgery</b> - Dr. Alfredo Hoyos Ariza</p> <p><b>5:24 Regenerative Intelligence in Body Contouring: From Fat Grafting to Cellular Optimization</b> - Dr. Alfredo Hoyos Ariza</p> <p><b>5:36 Integrating Artificial Intelligence with Intraoperative Subcutaneous Imaging</b> - Dr. Pat Pazmino</p> <p><b>5:48 Q&amp;A</b></p>
<b>6:00 pm</b>	<i>Program Adjourns</i>