

# PRESIDENT'S EMAG

# 2023

May

## ISAPS



## MESSAGE FROM THE ISAPS PRESIDENT



Lina Triana, MD  
ISAPS President

### Dear Colleagues, Friends & ISAPS Members,

As ISAPS we place great importance on **unity and collaboration**. Working together towards a bigger purpose, where all participants share in the significance of their contributions, and where everyone strives for the same principles and foundations of what ISAPS represents.

These principles include:

- Integrity: standing by our values, and being a role model.
- Authenticity: be genuine in who you are, and act dependably.
- Cause: what gives us the meaning to our actions.
- Commonality: working towards the same principles, and sharing a mutual understanding.

All of these are necessary for ISAPS to be successful and act as guidelines for how to reach our shared goals as a society and the aesthetic world. ISAPS members are a diverse group of worldwide plastic surgeons, and we all have unique circumstances and experiences, but as a society working towards a common goal, we face similar challenges.

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We share the principles of **patient safety and advocacy** as essential foundations of ISAPS and a better Aesthetic world, and together we can, of course, consistently achieve more. Therefore, for the first time this year, we are organizing a **Global Forum on December 9** to bring our Alliance of 87 Global Alliance Partners together to set some goals which we can all commit to together, as individuals, national societies, and internationally for the betterment of our specialty worldwide.

For us to continue to be **global leaders in aesthetics**, we must also work together to **educate**. This is why ISAPS provides **comprehensive opportunities for Aesthetic Education Worldwide®** for our members and aspiring surgeons throughout the year.

These platforms bring us together so we can **collaborate, exchange ideas, share knowledge**, and reconnect on our guiding principles. This is why I look forward to seeing as many of you as possible at our flagship ISAPS World Congress: **this year during our new Olympiad Athens World Congress, August 30 - September 2, 2023**, and thereafter next year in my home country, **Colombia, from 11-15 June 2024**. These are our best opportunities to be together, learn together, and share ideas toward our “bigger purpose.” I look forward to seeing you all there.

In the meantime, I wish you all well and ask you to keep working with diligence and dedication to being global leaders in aesthetics.

Sincerely,



Lina Triana, MD  
ISAPS President

## Commitment to Aesthetic Education Worldwide®



Interview with  
**Dr. Gustavo Abrile**  
Chair of the Residents Education & E-Learning  
Committee

The advancement of aesthetic plastic surgery is a vital part of what ISAPS stands for, and as a Society, it offers many educational opportunities for individuals in the specialty. Part of this commitment includes the **continued education of Residents** and aspiring young surgeons who are the future leaders of aesthetic plastic surgery. These individuals are the ones who will ensure that aesthetic plastic surgery continues to develop and prosper.

To that end, ISAPS offers several opportunities for Residents and is always looking to expand and upgrade its current programs. Most recently, we relaunched the **Expert Program** with an updated application process.

To further explore these initiatives, we interviewed Dr. Gustavo Abrile, Chair of the Residents Education & E-Learning Committee, who shares details on what Residents can expect when joining ISAPS.

**ISAPS: Why are Residents an integral part of ISAPS, and what is the importance of their role?**

**Abrile:** Residents are eligible to receive a free ISAPS membership, and as such, we have assumed the role of helping them complete the medical education they have been receiving in their residencies of plastic surgery, cosmetic surgery, and aesthetics.

Residencies worldwide lack a program that provides a 100% cosmetic surgery focus, and ISAPS does just that. We offer a standardized way to access knowledge, taking into account different countries and cultures.

The role of the Resident is the future of plastic surgery; hence the importance of educating, communicating,

and sharing knowledge, creating a spirit of solidarity that induces homogeneous scientific growth.

**ISAPS: What are some of the main benefits for ISAPS Residents, and why is it important for them to take part in the many programs offered?**

**Abrile:** The main benefit that ISAPS Residents have is access to unconditional information and education. That is why the webinar discussions, where the focus is on the diagnosis and treatment of specific pathologies, take into account the many different latitudes of perspective.

Our Journal Club, for example, provides a presentation on the subject of a pre-selected scientific article by its author and a panel of experts. It offers the opportunity for a scientific update and a pleasant discussion focused on a key issue.

In both the Journal Club and Resident Webinars, the summoned Resident has an active role in the discussion, which gives them an amazing learning experience.

The ISAPS Fellowship Program, a specialized training program hosted by plastic surgeons from around the world, is another fantastic opportunity for Residents. For those Residents looking for a similar experience but with an intensive one-on-one training program in a chosen specialty, I suggest the Experts Program. The Residents who choose this option work alongside a plastic surgeon who stands out in a specific specialty area.

And finally, ISAPS has a vast online education platform,

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allowing residents access to the latest information in our specialty, the APS Journal, and the online video library.

**ISAPS: As we look forward to the ISAPS Olympiad Athens World Congress 2023, what is being offered for Residents?**

**Abrile:** Active participation! Residents can be a part of the Congress by sending summaries of personal experiences or of the Plastic Surgery Service to which they belong.

The Congress will feature an open forum for the exchange of ideas focused on the diverse jobs of young and experienced plastic surgeons. It will be a genuine educational “competition” for aesthetic and cosmetic surgery Residents.

In addition, the day before, there will be a 4-hour Symposium for Residents attending the Olympiad Athens World Congress.

**ISAPS: The application deadline for the Fellowship Program just closed and now the focus is on applications for the ISAPS Expert Program. How do these programs contribute to ISAPS’ goals around Aesthetic Education Worldwide®? How are these programs unique to ISAPS?**

**Abrile:** These programs all contribute to ISAPS’ goals around Aesthetic Education Worldwide®. Residents and Associate Members are eligible to apply and can

request a visit with one of our listed ISAPS Experts for a short visit to learn about a specific procedure and/or technique. Visits could be anywhere from a few days to two months, depending on the Expert’s availability and offers. Whereas the Fellowship Program is a three-month commitment.

These programs are unique to ISAPS because they have the particularity of training young plastic surgeons to be part of a unique specialty in the world, with a very high quality and safety standard.

**ISAPS: As Chair of the Residents Education & E-Learning Committee, what is your favorite aspect of being able to support Residents, and what advice do you have for them?**

**Abrile:** I was a Resident twice in General Surgery and Plastic Surgery, and I have learned a lot from my teachers and, obviously, also from my fellow Residents. And every day, in the Plastic Surgery Department to which I belong, I continue to learn with them. So being able to share my knowledge and work alongside them is invaluable.

In summary, the constant commitment, coupled with permanent effort, allows us to belong to this great family that is ISAPS, which has a unique leadership in education in the specialty worldwide.

Are you looking for a specialized intensive one-on-one training program with a long-serving ISAPS member recognized as a leader in their field? Then apply for the **ISAPS Expert Program** today, where you will receive advanced education in aesthetic surgery and exposure to different aspects of plastic surgery. **The deadline to apply for 2024 is December 31, 2023.**

**Apply Online Today**



## Take the 2022 **ISAPS** Global Survey

This is your once-a-year opportunity to take part in the ISAPS' **Global Survey**. **It is the only international scientific study on aesthetic surgical and non-surgical procedures performed by plastic surgeons, and your participation is imperative for its success.**

By sharing your activity during 2022, you will be facilitating the inclusion of your country in the final report. We understand that filling out the survey can be time-consuming, but for the data to be superlative, we must ask intricate questions.

We all benefit from the Global Survey, and your time is just a small part of the entire process. We truly appreciate your continued dedication to our specialty, and we cannot do it without you. To do your part, please visit the website today and help fulfill our commitment to our members and the rest of the aesthetics plastic surgery specialty.

**Global Survey**

***The survey is accessible in Spanish and English.***

## PRACTICE MANAGEMENT



### Patient Data Safety

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Exercising patient safety in our daily practice is a priority, but does it also extend to your patients' online data?

#### **Electronic Safety Measures & Benefits**

Administrative and operational safety is just as critical, especially since the trend is towards Electronic Health Records (EHRs) rather than the traditional paper processes from years past.

Many practices have patient information online since it offers many advantages and makes patient records more accessible for doctors and patients. There are many other benefits to EHRs, including more precise patient information with fewer mistakes, more coordinated and efficient care, easier tracking of results, and improved treatment planning.

#### **Patient's Online Risks**

While there are many benefits, like with most things, there are also disadvantages. The most apparent one is the security of the data itself since, without

the correct security measures, you could be placing your patients at risk. Their records can be vulnerable to ransomware attacks, internet vulnerabilities, and insider threats, like negligent staff or former employees.

#### **Securing Your Data**

However, knowing the possible threats gives us the upper hand since being aware allows us to be cautious and take the necessary actions to prevent them from happening in the first place. Steps can be as simple as deleting unnecessary data and educating employees, to more complex solutions, including setting up secure wireless networks, encrypting portable devices, and setting up mobile device policies.

#### **Front of Mind**

So, while you may already be using an EHR option, or are deciding on which one to choose, remember to keep your patient's safety front of mind, just as you do in your everyday procedures.

**Interested in more practice management tips?**

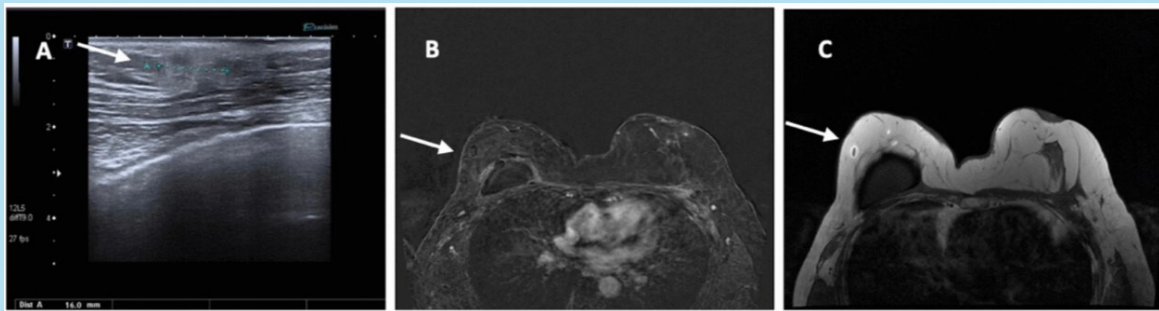
**[Register now to view ISAPS Business School 2021 On Demand!](#)**

**Free for ISAPS members, non-members \$300, office staff and nurses \$100.**

## Monthly Education Corner



Recently published in  
***Aesthetic Plastic Surgery...***



### **Palpable Nodules After Autologous Fat Grafting in Breast Cancer Patients: Incidence and Impact on Follow-up**

• Pauline Dile · Karine Hannebicque · Céline Renaudeau · Émilie Bogart · Luc Ceugnart · Claudia Regis · Loïc Boulanger · Marie-Pierre Chauvet

Autologous fat grafting (AFG) is a promising breast reconstruction technique, following surgery. However, fat necrosis after AFG can cause palpable nodules, inducing anxiety and prompting additional investigations. We aimed to determine the occurrence rate and to identify the risk factors of palpable nodules in breast cancer patients prompting complementary explorations.

**Read**

**Become a member** to have full access of ***Aesthetic Plastic Surgery***.  
For questions, please contact [memberservices@isaps.org](mailto:memberservices@isaps.org).

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## Journal Club



## ISAPS Online Video Library

This month's **online video library** features **ISAPS - APS Journal Club: Fat Grafting - Face, Breast & Buttock** with hosts **Drs. Ozan Sozer** and **Mario Pelle Ceravolo**. [Check it out here.](#)



## SEE YOU IN ATHENS

August 31 - September 2, 2023



## Your Meeting, Your Event!

Start preparing now for the **ISAPS Olympiad Athens World Congress 2023**: **register, book your accommodations, and reserve your social activities.**

This year will once again feature numerous educational & networking opportunities. **World-renowned speakers and presenters** selected by you will cover the latest advancements in aesthetic plastic surgery. In addition, Athens will be a unique opportunity to exchange knowledge and ideas with colleagues from the global community of plastic surgeons.

**Don't miss out!**

**Registration**

**Accommodation**

**Networking Dinner**



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## ISAPS Membership

ISAPS members receive free or discounted access to most of our events, including ISAPS World Congress, and access to our Journal. Plastic surgeons at any stage of their career can also upgrade their membership to include access to our MedOne e-learning resource, which includes hundreds of books, videos and discussions.

ISAPS offers membership to accredited aesthetic plastic surgeons and residents worldwide. We have members in more than 117 countries and provide them with access to training, e-learning, and networking opportunities within our community of more than 5,550 fellow surgeons.

Membership costs from just \$250 for qualified surgeons; Residents can join for free, for up to three years. Applications for membership are available online, through our website.

**Apply today to become an ISAPS Member!**

**If you have any questions, please feel free to contact us at [memberservices@isaps.org](mailto:memberservices@isaps.org).**

**Click here to see  
upcoming ISAPS events!**

**ISAPS**® Aesthetic Education  
Worldwide™



ISAPS®

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ISAPS GLOBAL  
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The graphic also features the ISAPS logo, a world map, and two circular icons: one for 'ISAPS GLOBAL SPONSORS PLATINUM' and another for 'ISAPS GLOBAL SPONSORS GOLD'.

**[www.isaps.org](http://www.isaps.org)**