

Fundamental Aesthetic Surgery Training Program (ISAPS F.A.S.T Program)

This ISAPS new educational program is intended mainly for younger qualified plastic surgeons who are either still in training or who have been in practice for up to 5 years but may also be attended by any interested plastic surgeon interested in advancing their surgical skills.

The ISAPS F.A.S.T. Program is a foundational surgical course that covers the fundamental concepts of Aesthetic Plastic Surgery on various anatomical regions. This is not an advanced aesthetic surgery program. Those are presented in ISAPS Courses and Symposia around the world as part of the ISAPS mission of *Aesthetic Education Worldwide*[®].

The F.A.S.T. Program is divided into three modules taught over a period of one year, with each module focusing on a different anatomic region (Face, Breast, and Body) and covering a core curriculum as determined by the Education Council including but not limited to:

- Patient selection
- Basic surgical anatomy
- Step-by-step surgical techniques
- Pre-op and post-op care of patients
- Tips and tricks of each technique
- How to avoid or treat common and uncommon complications
- Common patient concerns
- Minimally and non-invasive techniques
- Patient Safety
- ISAPS Business School - how to grow, market, protect, and organize an aesthetic surgery practice
- How to introduce new technologies into a practice

Local organizers may propose specific topics to be presented in the modules that might not be included in the list above. The EC will consider these proposals for inclusion.

The ISAPS F.A.S.T. program can be combined with an ISAPS Visiting Professor Program (VPP) following approval by the ISAPS VPP Chair. In this case, the VPP will be executed in the two days preceding the modules described above, and under the rules of the VPP. In certain cases, ISAPS F.A.S.T. Program modules can also be presented as part of the ISAPS webinar program.

Those eligible to organize an ISAPS F.A.S.T. Program include active ISAPS members in any country and members of the National Society provided that all necessary requirements and guidelines of the program are fulfilled.

The ISAPS Education Council is exclusively responsible to grant approval for the organization of any ISAPS F.A.S.T. Program. The National Secretary in the sponsoring country may be invited to provide recommendations and information to the local organizers where the event will be granted, if required by the Education Council.

Each ISAPS F.A.S.T. Program should ideally be organized under the auspices of the National Plastic or Aesthetic Surgery Society of the country. The National Society must be an ISAPS Global Alliance member. This is a mandatory prerequisite. They will be invited by the EC to officially support and take an active part in the program including the selection of local speakers and overall design of the program.

Application for the ISAPS F.A.S.T. Program can be downloaded at the following link:
<https://www.isaps.org/wp-content/uploads/2018/09/F.A.S.T.pdf>

ISAPS F.A.S.T. Program GUIDELINES

1. **Application** to produce an ISAPS F.A.S.T. series program will be accepted from any Active ISAPS member. In addition, applications may be submitted by any ISAPS accredited institution, registered private clinic, registered private hospital, public hospital or university in the country, provided all legal requirements are met in accordance with local laws.
2. The **duration** of each module will be of 2-3 days depending on the content.
3. The ISAPS F.A.S.T.-program will be divided into **three modules** and conducted over a one-year period (Jan-May-October) and program logistical details must be submitted to the EC for approval with the same initial application form.
4. The **Scientific Program** of the Modules will be exclusively designed by the ISAPS EC and will be standardized for each module, including all the topics mentioned above and with approval of the EC may also include areas proposed by the local organizers in accordance with the demand of the local community.
5. **Faculty selection** for ISAPS F.A.S.T. Series programs is exclusively and carefully provided by the EC to meet high standards of training and teaching, including ISAPS members who are renowned professors with academic activity and dedication to the Aesthetic Plastic Surgery specialty.
 - a. The number of teaching professors will be limited, and decided by the EC, depending on the content of the modules.
 - b. Local organizers may propose local speakers to take part in the program.
 - c. Local speakers should be ISAPS members and members of the National Society and cannot exceed 50% of the total number of ISAPS professors invited for each module.
 - d. If an ISAPS Global Alliance member Society sponsors the program, the Society must be invited by the local organizers to decide together the selection of the local speakers.

6. **ISAPS Fees** for the F.A.S.T. Program will be gradually discounted for every module, payable one month prior to each. (\$10,000 - \$8,000 - \$6,000 totaling \$24,000 for the complete F.A.S.T. series. Programs supported by ISAPS Global Alliance Member Societies will be eligible for a 10% discount on the above quoted fees.

7. **Registration fees** for participants are at the discretion of the local organizers. Industry can be invited to sponsor the program. Income generated from this program will be collected by the local organizing committee and distributed at their discretion.

8. On completion of the full program, the ISAPS Education Council will grant special **certificates** to the participants. Separate certificates will also be granted for each module, but ISAPS benefits (see # 11 below) to the participants apply only if the full program is attended and completed.

9. **CME accreditation** or equal National Accreditation by an official Medical Body or Society is obligatory for the F.A.S.T. series program and is the responsibility of the local organizers.

10. The **faculty reimbursement policy** for ISAPS Professors, Faculty and members is in the responsibility of the local organizers. This requires that the organizers provide full travel expenses, in any class of service agreed upon between the EC and the local organizers, airport transfers, hotel accommodations and hospitality for the whole period of each module (and VPP if combined).

11. Participants who will complete the program will receive the following **benefits**:

- a. 30% dues discount for the first year of ISAPS membership if they are not yet ISAPS members.
- b. Existing active ISAPS members 20% discount off their membership fee for the year following the completion of the program.
- c. One free copy of the ISAPS book on Aesthetic Surgery, when available.
- d. 20% discount on every category of registration fee for the Biennial ISAPS Congress following the year of the program completion.

12. The ISAPS EC will provide any **ISAPS Global Alliance member Society** that officially supports this program with special certificate of acknowledgement.

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